

Pilgrim Primary Academy

Headteacher: Mrs L Meek (BA Hons, PGCE)

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8th January 2018

Dear parents/carers,

We are very excited to be starting Forest School again this term. We have a great school field and a small wooded area which is the ideal location for us to go out and explore, have fun and learn.

Forest School provides learning opportunities through practical activities in an outdoor environment. Forest School embraces an approach of nurturing, supporting and developing the self-esteem of participants. It is an ideal environment in which to develop innovation, problem solving, risk taking, creativity and teamwork.

Forest School sessions will be one hour long. They will be led by Miss Mathews, who is trained and has a Level 3 Forest School Leader qualification. Miss Mathews will be supported on Forest School Sessions with Teachers and Support staff from the school. Staffing ratios will be adhered to. The safety and welfare of the pupils participating in Forest School is paramount and therefore all tasks are age-appropriate and risk assessments have been carried out for all activities prior to taking place.

Your child will have **3 sessions** of Forest school and the first session will be **Wednesday 24th January**.

Please could your child bring in old clothes and wellingtons/old trainers as we do not intend to stay clean!

If you have any questions about Forest school, please speak to your class teacher.

Regards,

Miss. Mathews

